

You have the right to complain about the care or treatment you are receiving. And there are steps that we must follow when you tell us about your complaint.

We want to hear from you if things are not going well so that we can try to make things better for you and for other youth in our care.

### **CONTACT INFORMATION FOR YOU |**

My worker is:

My worker's number is:

Office of the Provincial Advocate for Children and Youth 416.325.5669 OR 1.800.263.2841 TTY 416.325.2648 Office of the Children's Lawyer 416.314.8000



for children and youth in care



Simcoe Muskoka

Family Connexions

Connexions Familiales de Simcoe Muskoka



As a child or youth in care you have certain rights that must be given to you. These rights can not be taken away from you.

# I have the right to...



You always have your rights no matter how well you are meeting your responsibilities.

Your worker should regularly review your rights with you, while you are in care with us.

- Know and understand my rights
- Be and feel safe
- Be treated fairly no matter my race, sex, culture, religion, abilities, or sexual orientation
- Have a say about what happens to me (i.e. education, community & cultural identity, placement, etc.)
- Receive mail & send written or electronic communications
- Express my thoughts and feelings
- Be properly fed, clothed and cared for
- Go to school
- Receive medical and dental care
- Participate in social and recreational activities
- Participate in religious and cultural events that are important to me
- Speak my language
- Have access to an interpreter
- Reasonable privacy & possession of my own personal belongings
- Know and understand the rules, expectations and responsibilities of the home in which I live
- Speak privately and visit with members of my family and extended family.
- Talk privately with my worker, a lawyer, the Ombudsman, a Member of Parliament or an Advocate

## IF IT'S WRONG, RIGHT IT!

### IF I AM OVER 12 | I also have the following rights...

- Attend court and know what decisions are planned for me
- Ask to have a review or an appeal of my placement
- Help develop my plan of care

# IF I HAVE BEEN CHARGED WITH A CRIMINAL OFFENCE I also have the following rights...

- Know why I have been arrested
- To have legal representation
- Remain silent and contact a lawyer
- Call a lawyer and a parent or someone I trust
- The telephone number for a lawyer
- Have a lawyer represent me
- Ask the Custody Review Board to review decisions regarding my care

# AS La

# AS A CHILD OR YOUTH IN CARE | I also have some responsibilities...

- Let my foster parents know my plans
- Keep in contact with my worker
- Attend school and do my homework
- Attend all my appointments
- Respect other people and their property
- Respect others' privacy
- Respect other people's differences
- Take care of myself / my body
- Be helpful to others and do my share (of chores)
- Take responsibility for my actions / of what to do

