



BECOME A MENTOR!



What is Mentorship?

Mentorship is defined as a supportive relationship established between individuals where an experienced and trusted person, the mentor, acts as an advisor, guide, and role model to a less experienced person, the mentee.

It is about people learning from each other and applying what they have learned.

Mentorship is a nurturing process where the mentor shares her or his knowledge, expertise and experiences, as well as supporting, encouraging and inspiring the mentee to reach his or her potential.

Requirements

- **Minimum 2 years fostering experience**
- **Minimum 6 months commitment**
- **Meet with mentees at least 1-2 per month**
- **Completed Healthy Minds, Healthy Lives training**

Benefits

- **Building relationships with fellow foster families**
- **Personal growth**
- **Enhance leadership skills**
- **Refine problem-solving skills**
- **Networking**
- **Stay up to date on best-practices and changes**

Interested? Send your application to your Resource Worker



Simcoe Muskoka
Family Connexions

Connexions Familiales
de Simcoe Muskoka